



Connie M Seiber  
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Dear Parents:

The USDA ruled that water or juice is no longer allowed as a milk substitution in the school meal pattern for cases involving milk intolerances or preferences. This ruling applies to The School Breakfast and Lunch Programs operating in our district.

Parents may complete the "Physician statement" and submit to the Food Service Office at the address above, and we will examine each request on a case by case basis. While there is currently no available milk substitute matching the USDA's guidelines, we will provide lactose free, unflavored, fat free milk for lactose intolerant children. This will be the only milk substitute we will be able to offer to non-disabled children or children with non-life threatening allergies.

Since our schools operate meal programs under a system that permits one or two meal components to be declined by your student, one of these could be milk while still allowing your child to receive the subsidized meal price. As another option, you may send a beverage from home.

If your child has a life threatening allergy or disability relating to milk, please call me or email me to set up an appointment to discuss an appropriate action plan.

Thank you,

Connie M Seiber DTR CD

Nutrition Services Supervisor

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