

Black River Falls School District

Local Wellness Policy Report Card | 2016-2017

Overall Rating

2.4

Ratings are based on a four-point scale to measure success in meeting/ complying with each objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

In 2010, the Healthy, Hunger Free Kids Act was passed, which expanded upon previous requirements and included new provisions that place a greater emphasis on the implementation, evaluation, and transparency of local wellness policies. A copy of the Black River Falls School District wellness policy is available at **FILL IN**. Below you will find a summary of the policy objectives and the results of the most recent evaluation (2/9/2017). The school wellness committee completed the evaluation by scoring the adherence to policy objectives on a four-point scale. For questions regarding the results or for information on joining the wellness committee, contact Black River Falls School District at connie.seiber@brf.org.

Nutrition Standards for All Foods in School

Rating

Meals will be prepared following USDA guidelines and the dietary guidelines for Americans	3
School meals are accessible to all students	3
Drinking water will be available to all students throughout the day and throughout every school campus, including during mealtimes.	3
Lunch will follow the recess period to better support learning and healthy eating.	2
All school nutrition program staff will meet or exceed hiring and annual continuing education requirements by USDA professional standards for child nutrition professionals	3
The food and beverages sold outside of the school meal programs will meet the USDA smart snacks in school nutrition standards at a minimum.	3
All foods offered on the school campus will meet or exceed the USDA smart snacks in school nutrition standards. Exemptions may be allowed at the discretion of the school principal, but shall not exceed more than one exemption per class.	3
Only foods and beverages that meet or exceed the USDA smart snacks in schools nutrition standards may be sold through fundraisers on the school campus during the school day.	3
Promote Healthy food and beverage choices using at least ten smarter lunchroom techniques	3
Each school will implement at least one of the following four farm to school activities: Local and/or regional products are incorporated into the school meal School hosts a school garden School hosts field trips to local farms and school utilizes promotio	1
<i>Comments:</i> Any food and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the usda smart snack in school nutrition standards.	

Nutrition Promotion

Nutrition education will be included in the health and curriculum so that instruction is sequential and follows the Wisconsin Model Academic Standards for Nutrition, Nutrition education will also be integrated into other classroom instruction through subjects such as math, science, language arts, social sciences and elective subjects	1
The signage displayed throughout the school campus, including vending machines, scoreboards and signs, will promote nutrient-rich foods and beverages	3
<i>Comments:</i>	

Nutrition Education

Nutrition education will be included in the Health curriculum so that instruction is sequential and follows the Wisconsin Model Academic Standards for Nutrition	3
The district teaches students nutrition education using resources based on up-to-date, scientifically based nutrition information consistent with the Dietary Guidelines for Americans and USDA's Choose MyPlate icon.	2
<i>Comments:</i>	

Physical Education/Activity

All students will receive a minimum of 90 minutes of instructor-led Physical Education per week.	0
Students will spend at least 50% of physical education class time participating in moderate to vigorous physical activity	3
Teachers and other school personnel will not prohibit or require physical activity as a consequence for inappropriate behavior or academic performance.	3
<i>Comments:</i>	

Other School Based Wellness Activities

School staff will be allowed access to district physical fitness facilities and equipment.	2
The district will promote to parents/caregivers, families, and the general community the benefits of and approaches for healthy eating and physical activity throughout the school year.	2

Comments:

Policy Monitoring and Implementation

School wellness policy will be reviewed yearly.	2
School wellness committee will be comprised of, at minimum, school board member, principal, general education teacher, physical education teacher, school nutrition services director, parent, and student.	3
Information on the school wellness policy and implementation plan is listed in school newsletters, parent handbooks and/or publications distributed to parents and school staff.	2

Comments: