

BLACK RIVER FALLS CO-CURRICULAR HANDBOOK



Black River Falls High School

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CO-CURRICULAR HANDBOOK

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After reading this handbook, sign and return the participant’s pledge to the office or the Activities Director (AD). Those students participating on an athletic team will also have to sign the concussion awareness document, the eligibility portion, Athletic Insurance Waiver and the Black River Memorial Hospital consent to treat portion along with their WIAA alternate year card or WIAA physical card, as well as, pay the \$25.00 activity fee to the office or AD. Hockey and Shooting Tiger participants will have additional fees.

Activity Fees can be waived upon an approved written request. Fees can be refunded or applied to other debt if the student did not practice with the team. A single practice will count as a reason for fees not to be refunded. Fee transfers will be reviewed by the administration with a written request on a case by case basis.

Find an electronic copy of all the required documents on our website www.brf.org/hs/ under about BRFHS.

SCHOOL DISTRICT OF BLACK RIVER FALLS CO-CURRICULAR STATEMENT

INTRODUCTION

The School District of Black River Falls is happy to have you participate in its co-curricular program. As an integral part of the total school effort and experience, the program is designed to help our students become successful individuals and better citizen students of our school, community, state and nation.

The academic program is our schools' primary mission. However, participation in a well supervised co-curricular program may open the door to definite opportunities and provide additional training and experiences not ordinarily obtainable in the regular curriculum. Your choice in joining an activity indicates awareness on the part of you and your parents of the extended benefits of this part of our educational curriculum.

The intent of this co-curricular policy is to provide you and your parents or guardians with a reference to your responsibilities and our expectations for your participation in the Black River Falls co-curricular program.

PHILOSOPHY

Your participation in the co-curricular program is a desired but not a required part of the total educational program. It takes a committed student to make the extra effort that participation in the normal school program, plus a co-curricular activity demands. Because some students choose to take part in the co-curricular program, are using facilities provided for that purpose by the community, and are benefiting from tax funds set aside for these programs; more is expected of those students. Our expectations are listed in the form of specific rules and regulations for students who take part in co-curricular programs. Because of the voluntary nature of the co-curricular program, all students desiring to take part in this program and share the advantages participation offers, should be prepared to follow the rules. Those students not willing to comply with all regulations of this co-curricular activities code should not expect to participate.

In this policy, you will find eligibility and/or training rules and regulations. These rules and regulations are logical and designed to help the individual student as well as the total co-curricular program. You should expect them to be enforced.

Students should understand that through the co-curricular program, as well as other programs, the school is serious about teaching that chemical use is not in a person's best interest. The school regards alcohol and other drug use, addiction, or dependency (including tobacco) as a behavioral/medical problem and recognizes that the misuse or abuse of alcohol and other drugs precedes more severe dependencies.

It is not in the best interest of anyone involved, nor even accurate, to attach a moral or social stigma to such personal problems. The school district wishes to cooperate with all segments of the community in precluding the development of less constructive patterns of alcohol and other drug use and in providing assistance to those who do develop such patterns of behavior.

The School District of Black River Falls' students participating in the co-curricular program are expected to conduct themselves at all times, and at all places, in a positive manner which will bring credit to themselves, their classmates, school, and community.

The opportunity to take part in school activities should be made available to as many students as possible. All students are invited to participate. The exact number of participants shall be determined by the facilities available and the ability to give adequate individual attention to each student. All clubs and activities may not run each year, depending on interest and/or advisor availability. There is no room in school activities or education for prejudice based on race, sex, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability.

A coach, advisor, supervisor or director should realize from the beginning that there is no secret path or shortcut to success. At the same time, the student participant must accept the dedication and hard work that goes into a successful program. The success of any activities program is determined by you, the participant, along with the help and cooperation of coaches, advisors, supervisors, directors, administrators and the Board of Education. Students must be willing to follow the rules set down by the Black River Falls Schools and where applicable, other related state and national associations, and legal requirements. All employees, by virtue of their employment with the Black River Falls Schools, enforce this Activities Code.

DESCRIPTION OF ACTIVITIES GROUPS 1 AND 2

Art Team--September–May

Each year an Art Team is formed to compete in the Wisconsin Visual Arts Classic competition. The Wisconsin Visual Arts Classic (VAC) Art Olympiad was started in 1993 with six schools. It currently has 40 schools, 6 regional competitions and a state meet. Each year, a chairperson and 6 regional chairs meet to choose a theme for the competition, twelve artists or groups to study, and the problems for students to visually solve. Each student prepares a work of art that is judged on how well it solves the problem given, originality/creativity, composition/design, and technical skill. While on location, students create another work of art that is also judged. The Art Team competes in a quiz bowl competition and critical thinking presentations. Teams points are accumulated through both the individual points earned and team competition points. Students can advance to the state level by team placement and as individual first place winners; the top two teams at the regional competition go on to compete at state, and the first place individuals winners advance to state. There is one main coach for each team of 12 students.

Chamber Singers--September–May

Chamber Singers is an advanced choral ensemble, and its membership is determined through an audition process at the beginning of each school year. Consisting of students grades nine through twelve, Chamber Singers shall include no more than twenty singers; previous membership does not guarantee future membership. Chamber Singers rehearses three days per week during Focus for the entire school year, excluding each two week period preceding a performance, when rehearsal is at the director's discretion. The ensemble performs annually at all regularly scheduled music department performances and at many other community events. Good skills, attendance, attitude, flexibility, and work ethic are all important to realize success in this ensemble.

Class Officers--September–May

There are 4 elected class officer positions for each grade level, which are chosen through elections held each fall. Students will select representatives for President, Vice-President, Secretary, and Treasurer who will serve their class. Some activities include homecoming, hall decorating, fund raising, prom and graduation.

Drama Club--February–April

The BRF drama program is performance oriented with a full-length play offered annually. Students are also needed to work lights, house, make-up, costuming, set construction, publicity, and student directing. Because of the nature of drama, a strong time commitment for rehearsals is necessary.

Future Business Leaders of America (FBLA)--September–May

FBLA is open to all students grade 9-12 who have an interest in the business field. Activities include participation in Business World, fundraising opportunities, FBLA Leadership Labs, regional and state competitions, and community service projects. Meetings are usually once a month during Focus time. Come join the fun!

Family, Career, and Community Leaders of America (FCCLA)--September–May

FCCLA is a co-curricular organization that promotes students as leaders and community members. Chapter members have various opportunities throughout the year to attend Leadership Labs, participate in STAR projects (Students Taking Action for Recognition) and attend State and National meetings. Any interested students who have ever taken an F/CE class, including a middle school class, and are now in grades 9-12 are encouraged to join.

FFA--July--June

The FFA is a national student organization for students enrolled in agriculture education classes (an intra-curricular activity). The FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success. Leadership opportunities include workshops, conferences, conventions, and speaking contests. Personal growth comes through activities such as parties, various recreational fun, helping our alumni and serving within our community. Career success activities include educational trips, career development events (judging teams), scholarships and Supervised Agricultural Experience projects.

Forensics--January--April

Students who are interested in performing speeches, acting, or reading poetry, prose, short stories, or radio broadcasting should join Forensics. There are many categories to be involved with, including play acting (acting with a group), solo acting, storytelling, farrago, poetry, prose, group interpretation (group reading), and radio broadcasting. Public address categories include extemporaneous speaking, oratory (persuasive speaking), 4-minute speaking, a demonstration, and public address. Forensics members will compete in contests at the sub-district, district, and state levels. All students in grades 9-12 are welcome to join.

Gay-Straight Alliance (GSA)--September--May

The Gay-Straight Alliance is organized to bring attention to discrimination based on sexual stereotypes. Members meet to discuss the atmosphere of the school as it relates to the acceptance of all people. They participate in the Day of Silence to bring attention to discrimination issues. All students are welcome to join the group.

GM97 Morning Announcements—Sept-May

GM97 serves the school community by providing morning announcements four times weekly. Members of the group serve as anchor talent and video crew to deliver and tape the announcements as well as to make creative decisions regarding content. Students involved are expected to meet and work frequently and communicate often with the crew and adviser.

High Quiz Bowl--Fall participation

This organization challenges other schools to a trivia competition. Trivia knowledge includes history, current events, government, and other general categories. Students hold mock quiz bowl competitions one day a week during focus until elimination. All students in grades 9-12 are encouraged to participate.

Homecoming Court--October

Homecoming is a tribute to all past and present athletes, and to the community of Black River Falls. A male and female representative (voted on by the class) will represent their respective grade as attendants. Senior's will have a male and female attendant and a king and queen. Duties for court members include: death march, parade, Homecoming game, and dance.

Letter Club--August--May

Letter Club membership is automatic to any high school student who earns a letter in any of our WIAA affiliated sports or letters in Cheerleading, Dance, Figure Skating, and Rodeo (NHSRA) or with the Shooting Tigers as part of the Scholastic Clay Target Program (SCTP). Membership is for one year and renewed each year the student letters in one of the activities. The Letter Club provides funding for special projects involving student activities. Its two main sources of income are through vending machine sales and donations from area businesses.

Musical Theater--August-November

Each fall the music department produces a musical theatre production open to all students grades 9-12. Auditions are held the first week of school, and rehearsals begin the second week. The rehearsal schedule is intensive. Saturdays and Sundays are also often added near production opening. This requires a strong commitment from students. The musical is performed the first weekend in November. It is a rewarding activity, but flexibility and a positive attitude are required. There are also many opportunities for off-stage involvement such as set construction/painting, costume assistance, and technical services.

National Honor Society (NHS)--September–May

NHS is a society for the national and local recognition of students who maintain a 3.25 cumulative grade point average and participate in school and community activities and functions. NHS is available to students, in grades ten through twelve, who meet the national criteria. An induction ceremony is held each fall. Membership in this prestigious club is by self-nomination and evaluation only.

Pep Club--August–May

Pep Club is an organization that requires attendance by all cheerleaders and dance team members, but is open to any interested student in grades 9 -12. Members meet once a week to paint hall signs and make run-thru posters for all athletic events. Pep club also helps plan and organize all Homecoming and Snowball festivities. This club tries to promote spirit and enthusiasm for our school. Come enjoy the fun!

Prom Court--April

The junior class will vote for eight females and eight males to represent their class as Prom Court members. The King and Queen will be voted on by the class. Duties include participation at Prom, decorating, and clean-up after the dance.

Shooting Tigers—March-July

The Shooting Tigers is a group of students that like to shoot sporting clays as part of the Black River Falls School district and the Scholastic Clay Target Program (SCTP). The team shoots at Woods and Meadows for its home course. Starting in 2015 trap was added and skeet in 2016. Students can participate in one or more disciplines.

Spanish Club--August–May

Present and former Spanish students who would like to participate in Spanish Club are encouraged to join this fun club. Students will have the opportunity to participate in travel activities and will also help to plan Spanish-speaking social activities as they are planned by the officers and committees of the club. This club also has fundraising events to raise money for their study abroad trip every other summer. Students must have passed Spanish 2 to attend the study abroad trip.

Student Senate--August–May

The Student Senate includes one elected representative from each of the Advising groups who collectively work to promote the following goals: to be a visible and approachable forum for BRFHHS students; to foster communication between the students, staff, administration, and school board; to celebrate achievements of our diverse student body; to promote a positive and future-oriented atmosphere for students; to promote academic excellence among BRFHHS students; and to promote the development of civic skills among BRFHHS students. All students are eligible to run for positions on the Student Senate.

Super Mileage Vehicle—August-May

Super Mileage Vehicle is a club that designs and builds a single person vehicle with fuel economy in mind. Students combine engineering and problem solving skills, as well as fabrication and welding skills to build their fuel efficient vehicle. The club meets weekly during focus and after school all year long to have a vehicle built, tested, and ready for competition. Several competitions are held throughout the state at places like WI Dells, UW-Stout, Wisconsin International Raceway, and Road America. Schools from around the state and Midwest compete with each other at the competitions for the best fuel economy. Some tracks like Road America are very challenging. This professional race track is 4 miles long and includes several sharp curves and steep hills.

Teens Against Tobacco Usage (TATU)--August—May

Trained by Black River Memorial Hospital staff and Public Health employees, HS students learn about the dangers of tobacco usage. Using interactive learning tools, HS students present the consequences of smoking, chewing tobacco, and second-hand smoke to our elementary students.

Theater Staff--July–June

Theater Staff is a unique hybrid activity combining the components of education, employment, co-curricular activity, and community service. Selected/hired members from grades 10-12 undergo an intense training process in the basics of theater equipment and technology operations and use this training to provide technical services support for all events held in the Lunda Theater. The theatre hosts more than 100 events annually. To gain a more complete understanding of the broad spectrum of theatre management, members are also asked to volunteer on a regular basis with community organizations who aid in maintaining areas of the theatre such as the costume storage, scene shop, make up room, and properties storage. Students need not be in a musical ensemble to apply for Theater Staff; however, it certainly helps.

Tiger Investment Club (TIC)--September–May

The Tiger Investment Club is designed to give students a real world educational experience by introducing them to investment. Students will be given the opportunity to invest in stocks, bonds, exchange traded funds and mutual funds. The club will teach students how to evaluate stocks, review market trends, analyze companies, make decisions in a democratic manner, and be accountable for investment club financial status. The profit derived from investments will be used by the club to purchase items for the Black River Falls High School. Individuals and organizations may make written requests for consideration to the investment club at the end of the school year.

Tiger Pep Band--August—March

Tiger Pep Band is a co-curricular activity open to all band members. Tiger Pep Band members perform a variety of popular music at various home sporting events, including volleyball, boys' and girls' basketball games, and boys' and girls' hockey games. Students as soloists or members of small ensembles also have the opportunity to play the National Anthem at a variety of home events. Theme nights are also included, as a way to promote school spirit through music. The Tiger Pep Band also performs at various community events.

Variety Show--March

Variety Show is an activity open to all BRFHS students and faculty. It takes place in March and is sponsored by the music department. Each year the Variety Show showcases numerous features, including but not limited to instrumental and vocal solos and ensembles, dance routines, and comedy skits. Organizational meetings take place at least eight weeks prior to performance, during which acceptable feature guidelines are published. Auditions take place three weeks prior to performance at which time features are selected by music department faculty. Preparation is left largely to each individual feature; however, three mandatory technical rehearsals are held the week preceding the performance.

Winter Carnival Court (Snowball Dance)--January

The senior class will vote for five females and five males that have not been members on Homecoming Court or Prom Court during their High School years.

Wonk-Sheek-Wa-Chek--August–May

WSWC is an organization open to all students grade 9-12 who have an interest in multi-cultural learning. This club provides activities involving the Native American culture to increase community awareness. Activities include Native American Week, fundraisers, lock-ins, and the annual powwow ceremony.

Definitions of Co-Curricular Activity Groups

Group 1: Consists of high school non-performing clubs or activities.

Group 2: Consists of high school performing organizations and clubs.

Group 3: Consists of high school WIAA approved athletic teams

Activities Code Groups

Group 1

Class Officers
Gay-Straight Alliance
Homecoming Court
Letter Club
Math Club
National Honor Society
Peer Educators/TATU
Pep Club
Prom Court
Science Club
Skills USA
Spanish Club
Student Senate
Super Mileage Vehicle
Theater Staff
Tiger Investment Club
Variety Show
Winter Carnival Court
Wonk-Sheek-Wa-Chek
Yearbook

Group 2

Art Team
Chamber Singers
Dance Team
Drama Club
FBLA
FCCLA
FFA
Figure Skating
Football Cheerleading
Forensics
GM97 Video Announcements
Musical Theater
Rodeo
Shooting Tigers

Group 3

Baseball
Basketball (Boys & Girls)
Cross Country (Boys & Girls)
Football
Golf (Girls Fall, Boys Spring)
Ice Hockey (Boys & Girls)
Soccer
Softball (Girls only)
Swimming (Girls only)
Tennis (Girls Fall, Boys Spring)
Track and Field (Boys & Girls)
Volleyball (Girls only)
Wrestling

Scholastic Eligibility

1. A high school student is ineligible for participation if he/she has received one or more failing grades in his/her latest semester grading period. Failing grades at semester will be handled as follows.
 - a. This ineligibility shall be for a minimum of 15 scheduled school days and nights.
 - b. Ineligibility will begin the day following report cards going home .
 - c. After these 15 consecutive days, a review of the student's grades may be requested. If all grades have been raised to passing, eligibility may be reinstated. If not, another 15 consecutive days of ineligibility will occur. If eligibility has not been achieved after the 2nd 15 day period, students will be ineligible for the remainder of the semester.
 - d. Students should attend practice and meetings during the suspension period at the discretion of their Coach/Advisor. Students should attend games but cannot be in their uniform or participate in warm ups.
2. A student regains eligibility immediately if **incompletes** are made up and passed within two weeks of the semester grading period.
3. A student may erase his or her ineligibility status following the last semester grading period of the school year through summer school courses provided:
 - a. The school gives credit toward graduations for such courses
 - b. The class counts toward their rank-in class standing,
 - c. The student successfully completes not less than the same number of classes that caused the ineligibility-
4. Eligibility for the fall activities will be based on passing grades in the previous school year's latest semester grading period. The ineligibility status will be adjusted as follows for students in fall activities that begin before classes start.
 - a. The minimum ineligibility period shall be the lesser of: 21 consecutive calendar days beginning with the date of the earliest allowed competition or performance, or one-third of the maximum number of competitions or performances allowed in the activity.

5. Any student who is enrolled in any state-approved EEN program and who receives no usual grading for such courses may be eligible if he/she is making satisfactory progress in his/her total school program as indicated by his/her I.E.P.
6. Throughout the school year, students can be put on academic privilege (3.0 GPA minimum, no unexcused absences and no discipline referrals). If a student is failing one or more classes at any of the privilege posting periods, they become ineligible to participate in competitions or activities until they are passing all of their classes. This is also the case for 1st and 3rd quarter postings. Students may become eligible on the same day as the posting if they can show their coach or adviser that they are passing all of their classes in Canvas.
7. The student must be enrolled as a full-time student in the Black River Falls School District per board policy 412.1.



WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION

2018-2019 High School Athletic Eligibility Information Bulletin

To: Student-Athletes and Their Parents

From: Wisconsin Interscholastic Athletic Association and Black River Falls High School

Black River Falls High School is a member of the Wisconsin Interscholastic Athletic Association. The following rules and regulations are developed by the member schools of the WIAA and govern the participation by boys and girls in school athletics and in some instances, impact upon sports activities outside the school.

This information bulletin is a **summary** of the WIAA OFFICIAL HANDBOOK as it pertains to those rules and regulations. Both student-athletes and their parents should have an understanding of these requirements. Equally important is that student-athletes and/or parents talk to their principal or athletic director if they have any question about these regulations. For additional information on Rules of Eligibility see the WIAA Handbook, or visit the WIAA website at www.wiaawi.org.

This bulletin does not discuss specific penalties for all violations. The reason is that penalties vary depending upon the nature of the violation. In addition, schools often have established penalties or periods of ineligibility, which are greater than the minimum prescribed by WIAA rules.

There also are exceptions and other permissive provisions in some rules. Student-athletes and their parents should discuss all athletic eligibility related situations with the school principal or athletic director who, if necessary, will get a decision, interpretation, or opinion from the WIAA office.

Student-athletes, as well as parents are asked to read this bulletin, and then sign it and have their signature statement (attached) on file at their school prior to practicing and competing.

These are WIAA eligibility rules, which are current for the 2018-2019 school year:

AGE

A student shall be ineligible for interscholastic competition if he/she reaches his/her 19th birthday before August 1 of any given school year.

ACADEMICS

A student-athlete must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including incompletes) in the most recent school issued grade reporting period. Note: Some member schools adopt code and academic policies and other participation requirements which are more stringent than WIAA minimum requirements. In those instances, the school's requirements prevail and must be applied as written. **(Our, BRF Code, says No F's or incompletes)**

ATTENDANCE

A student-athlete is eligible for interscholastic competition at a member school if he/she is carried on the attendance rolls as a duly enrolled full-time Grade 9, 10, 11 or 12 student in that member school. (Subject to satisfying all other eligibility requirements.)

Note: A full-time student is further defined as one where the member school is responsible for programming 100% of the student's school day. The student is eligible for like or similar awards, privileges and services as all the other students and meets all obligations and responsibilities as other students, without exception.

- A. A student must complete eligibility in the four consecutive years starting with Grade 9 and the three consecutive years starting with Grade 10, unless there are documented extenuating circumstances and a waiver has been provided.
- B. A student is ineligible if he/she has graduated from a school offering studies through Grade 12 or its equivalent.
- C. A student who graduated in May or June retains eligibility for (a) any portion of a spring athletic schedule not completed by the end

of the academic year and (b) the school's summer athletic schedule.

- D. A student is ineligible if he/she has not been enrolled in some school by the 17th day of a semester or trimester, except upon request of a school in special cases involving sickness, accident, military service, social services assignment, e.g.
- E. A student-athlete may not participate in school sports in more than four different years, and a student-athlete may not participate in the same sport more than one season each school year.

DETERMINING RESIDENCE FOR PUBLIC SCHOOL STUDENTS

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only at the school within whose attendance boundaries his/her parents reside, within a given school district, with these additional provisions:

- A. Board of Education approved full-time student(s), paying their own tuition and residing full time with parents in their primary residence shall be afforded eligibility. Transfer students are subject to provisions outlined in the transfers section of this document and in the Senior High Handbook.
- B. The residence of a student's guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility, except in situations involving transfer after the fourth consecutive semester following entry into grade 9. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the transfer and/or waiver provisions as described in the WIAA HS Handbook.
- D. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state and is enrolled in a district approved program may be eligible at either school (first priority to school of residence) but (a) may not participate at both schools in the same year and (b) academic ineligibility accompanies student upon transfer. Transfer restrictions may also apply.
- E. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state or who is participating full time in a legislated open enrollment option must meet all statutory timeline requirements. This provision extends the opportunity to decline attendance at the new school and continue at his/her school of residence. If the student begins the school year at the new school and then transfers back to school of residence after attending one or more days of school or one or more athletic practices, he/she shall be subject to transfer provisions as outlined in the transfer Section of this document.
- F. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's attendance boundaries, provided enrollment is continuous (unbroken in that school).
- G. After a student-athlete has not participated and/or has had their eligibility restricted for one calendar year due to reasons relating to residence and/or transfer, he/she becomes eligible.
- H. A student-athlete will not be eligible if his/her attendance at a particular school resulted from undue influence (special consideration because of athletic ability) on the part of any person.
- I. A student-athlete who has been declared ineligible at a school for disciplinary reasons, academic reasons or due to another State Association's provision retains that ineligibility status if he/she transfers to another school.
- J. Except in situations involving transfer after a student's sixth consecutive semester, a full-time student whose residence in a given district and attendance at a member school does not conform with any of the provisions outlined above shall be eligible for non varsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers. Transfer students are subject to transfer provisions as outlined in the transfer section of this document and in the Senior High Handbook.

DETERMINING RESIDENCE FOR NONPUBLIC SCHOOL STUDENTS

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only if the student is residing full time with parents in their primary residence with these additional provisions:

- A. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility except in situations involving transfer after a student's fourth consecutive semester. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year'. Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the waiver provisions as described in the WIAA HS Handbook under Waivers. Transfer restrictions may also apply.
- B. Residing full time with guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's traditional attendance area, provided enrollment is continuous (unbroken in that school).
- D. A student who has been in attendance in a nonpublic, self-contained school (i.e. grades K-12 or 7-12) for at least one complete school year prior to reaching Grade 9 and has not broken enrollment during that time is eligible in that nonpublic school upon entering Grade 9.
- E. Except in situations involving mid-year transfer and/or transfer after the fourth consecutive semester students attending member residential schools shall be eligible at the member school provided they reside at the school or reside full time with parents in their

primary residence.

- F. Except in situations involving transfer after a student's sixth consecutive semester, a full-time student attending a nonpublic school but not residing in accordance with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers.

TRANSFERS

A full-time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. **Transferring schools at any time may result in restrictions being imposed on eligibility, or in some cases a denial of eligibility.** For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' These additional provisions relate to transfer cases:

- A. A student who transfers from any school into a member school after the sixth consecutive semester following entry into Grade 9 shall be ineligible for competition at any level for one calendar year, but may practice, unless the transfer is made necessary by a total and complete change in residence by parent(s). The calendar year (365 days) will be determined from a student's first day of attendance at the new school.
- B. Open enrolled and/or tuition paying students entering 9th and/or 10th grade at the beginning of the school year and who are within the first four consecutive semesters of high school will be afforded unrestricted eligibility provided all other rules governing student eligibility are met.
- C. Open enrolled and/or tuition paying students entering 11th grade are restricted to nonvarsity opportunities for one calendar year.
- D. Open enrolled and/or tuition paying students entering 12th grade as transfer students are ineligible to compete at any level for one calendar year, but may practice.
- E. 9th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved shall be restricted to nonvarsity opportunities for the remainder of the school year. Restrictions are removed upon entering 10th grade.
- F. 10th or 11th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved shall be restricted to nonvarsity opportunities for one calendar year (365 days beginning with first day of attendance at the new school).
- G. In the event of divorce or legal separation, whether pending or final, residence at the beginning of the school year shall determine eligibility for students entering 9th and/or 10th grade. In situations involving transfer after the sixth consecutive semester following entry into grade 9 the student is ineligible to compete at any level for one calendar year, but may practice.
- H. District policies with respect to intra-district transfer do not supercede WIAA transfer rules in situations involving post-sixth semester transfers. Intra-district transfers occurring after the sixth consecutive semester following entry into grade 9 result in the student being ineligible for competition at any level for one calendar year (365 days beginning with first day of attendance at the new school), but may practice.
- I. Unless transfer, including an accompanying total and complete change of parents' residence, is effective at the outset of a semester, a student cannot establish eligibility at his/her new school until the fifth calendar day of such transfer.
- J. If within the first four consecutive semesters following entry into grade 9, a student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that current school year and will be eligible for nonvarsity opportunities only for the balance of the calendar year. In situations involving transfer after the sixth consecutive semester following entry into grade 9 the student is ineligible to compete at any level for one calendar year, but may practice.
- K. A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total and complete move.
- L. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction, retains such status at his/her new school for the same period as decreed by the former school. A student who transfers due to expulsion or removal for disciplinary reason from the previous school is ineligible for the length of the expulsion as determined by the previous school's Board of Education.
- M. No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

PHYSICAL EXAMINATION and PARENT'S PERMISSION

A student-athlete whether an adult or not, must have written permission of parents to participate in school athletics, an emergency information form, and he/she must have a physical examination (signed by a licensed physician, physician's assistant or advanced practice nurse prescriber) every other school year.

A physical examination taken April 1 and thereafter is valid for the following two school years. Physical examination taken before April 1 is valid only for remainder of that school year and the following school year.

TRAINING and CONDUCT

A student-athlete must follow his/her school's code of conduct (training rules) on a year-round basis.

- A. A student-athlete who violates his/her school's code of conduct during the season of a sport (start of practice to final game) must be suspended from competition for a period of time specified in the code (minimum of one meet) if the violation involves (a)

possession and/or use of alcohol, (b) possession and/or use of tobacco, including chewing tobacco and (c) use, possession, buying or selling of controlled substances, street drugs and performance enhancing substances (PES).

- B. The member school will determine minimum penalties for violation of any other provisions of its code of conduct, including out of season offenses and for any other unacceptable conduct contrary to the ideals, principals and standards of the school and this Association including but not limited to criminal behavior.
- C. A student-athlete who violates his/her school's code of conduct at times other than during the actual season of a sport must be disciplined by the school, the nature of such discipline to be determined by the school as indicated in its code of conduct.
- D. A student-athlete who violates any part of the school or WIAA's code of conduct resulting in suspension for any portion of WIAA-sponsored tournament competition must be immediately declared ineligible for the remainder of tournament series in that sport. During the WIAA Tournament, an ineligible athlete may not suit up.
- E. A student-athlete, disqualified from a contest for flagrant or unsportsmanlike conduct, is also suspended from the next competitive event.
- F. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.
- G. A school must provide an opportunity for the student to be heard prior to a penalty being enforced. If a student appeals a suspension, according to the schools appeal procedure, the student is ineligible during the appeal process.
- H. Schools/individuals are prohibited during the regular season and the WIAA tournament series from practicing for regional, sectional, and state tournament preparation at sites and facilities hosting WIAA tournaments.

AMATEUR STATUS

A student-athlete must be an amateur in all recognized sports of this association in order to compete in any WIAA sport.

- A. A student-athlete may not accept, receive or direct to another, reimbursement in any form of salary, cash or share of game or season proceeds for athletic accomplishments, such as being on a winning team, being selected for the school varsity team, or being a place winner in an individual tournament, e.g.
- B. A student-athlete may receive: a medal, cup, trophy or plaque from the sponsoring organization regardless of cost; school mementos valued not more than \$200; an award valued not more than \$100 retail for participation in an athletic contest in a WIAA recognized sport; and may retain non-school competition apparel worn by the student as part of the team uniform.
- C. A student-athlete may not receive compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete because of ability, potential and/or performance as an athlete.
- D. A student-athlete may not receive free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students.
- E. A student-athlete may not be identified (with or without permission) as an athlete, provide endorsement as an athlete or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan, or service.
- F. A student-athlete may not participate in school athletics or in sports activities outside the school under a name other than his/her own name.

SPORTS ACTIVITIES OUTSIDE OF SCHOOL

Athletes may compete in not more than two non-school competitions with school approval during each regular sport season. The contest(s) will not count against the individual maximum for the athlete in that sport. Nonschool competition will not be allowed during the respective WIAA tournament series in a sport. Violation of this rule results in loss of eligibility for the remainder of the season (including the WIAA tournament series) and forfeiture of the two non-school opportunities.

- A. WIAA rules do not prevent athletes from practicing with nonschool teams or from receiving private skills instruction during the school season. However, they may not participate officially or unofficially (including "banditing") in more than two nonschool competitions or races, including scrimmages against other teams (with school approval).
 - (1) This restriction applies to normal nonschool games as well as "gimmicks," such as reduced numbers competition (3-on-3 basketball, 6 player soccer, e.g.), specific skill contests (punt, pass, and kick, shooting contests, free throws, 3 point, e.g.), fun runs, etc.
 - (2) During the season, athletes may participate in a skills contest with approval of the school. Specific skill contests (punt, pass, and kick, shooting contests e.g., free throws, 3 point, drive, chip and putt) isolate separate skills outside of the traditional competition setting. The skill contest may not include physical contact or extreme fatigue as the actual sport competition. Fun runs are not considered skills contests. There can be no school coach involvement. All other eligibility rules including amateur status apply.
 - (3) A student who was a member of a school team during the previous year may not delay reporting for the school team beyond the school's official opening day of practice in order to continue nonschool training and/or competition.
- B. During the school year before and/or after the school season of a sport and in the summertime, members of a school's team may voluntarily assemble with their teammates (without school and/or school coach involvement) at their own discretion.
- C. A student-athlete or his/her parents must pay 100% of the fee for specialized training or instruction such as camps, clinics, and similar programs.

- D. A student-athlete may not be instructed except during the school season of a sport and approved summer contact days by the person who will be his/her coach in that sport in the following school season. All sports except football are exempt from this rule, BUT only (a) during the summer months and (b) if the program involved is not limited to individuals who are likely to be candidates for the school team in that sport in the following season.
- E. A student-athlete must not participate in an all-star game or similar contest except for summertime activities (a) within the same league or program (e.g., softball game between divisions of same league) or (b) in which a team is selected to represent a league in post-season play (e.g., Babe Ruth league team). Some post-season all-star opportunities may be permitted for 12th graders who have completed high school eligibility in a particular sport. Check with your Athletic Director to be certain.
- F. Schools/individuals are prohibited during the regular season and the WIAA tournament series from practicing for regional, sectional, and state tournament preparation at sites and facilities hosting WIAA tournaments.

USE OF STUDENT IMAGE

The participation of student-athletes in school and WIAA tournaments may result in the use of student-athlete images in promotion of school and WIAA events.

In order to facilitate good communication, all questions regarding athletic participation at your school should be addressed to your athletic administrator.

School and Community Character-The Tiger Way

1. Students must be in school and participate in all classes to be eligible to participate in the daily activities or competitions. Any unexcused period of the day results in the student not being allowed to participate in any activity on that day or the following day if the coach/adviser missed the attendance email. ***Students with medical appointments or family emergencies may compete if the absence is excused by the administration.**
2. Any student receiving an out-of-school suspension will be suspended from all practices, performances, and competitions that occur during the suspension plus the first contest or performance following the student being remitted back to school. Understand that other provisions in the handbook may prevent the student from participating again in the activity. A second out-of-school suspension during the same season will result in being removed from the activity.
3. Any student receiving a full day of in-school suspension will be suspended for one contest, activity or performance. The first contest on or after the day of the in-school suspension; will be used to fulfill this penalty. A second full day of in-school suspension during the same activity season will result in two missed contests or performances, beginning with the first on or after the day of the suspension. A third full day of in-school suspension during the same activity season will result in removal from the activity.
4. Coaches, advisors and administrators have a right to expect students to act in an acceptable manner conforming to the ideals and principles of the Black River Falls School and community. Repeated insubordination or disrespect to any teacher, coach, or advisor will be treated as a violation of the activities code and subject to a penalty as determined by the advisor, coach or activities director. The student is reminded that being a member of a club or organization is strictly voluntary and that he/she may be suspended for a period of time for failing to conform to these principles. Repeated insubordination could also lead to the individual being removed from the roster.
5. All students are expected to positively represent the school in all interactions within the community at all times. Any conduct which brings negative attention to the individual, school, or community may be considered a code violation. This includes behaviors which are considered as bullying and or hazing.
6. Any student who serves a suspension for a code violation will have their honorary positions reviewed by an admin team. This may include but is not limited to "Captain", "Officer", Prom King/Queen, Prom Court, etc. in the activity in which the code violation occurred. Awards earned by the athlete following the code violation can be retained. (All-Conference, All-State, All-Region, State or Regional Place Winners)
7. Students must be academically eligible to participate before they can fulfill their code violations.

A pledge form must be signed each year by both students and parents, which indicates that they have read and

understand the activities code. This statement must be turned in to the advisor. The advisor will then submit a list of participating members to the office.

B. Drug, Tobacco, and Alcohol Violations

The Black River Falls School District recognizes the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning, and the total development of each individual. A student must follow the school's code of conduct on a year-round basis. If a student finds themselves at a place where illegal activity is taking place, to drive or pick up a friend, they must immediately notify their coach/adviser and/or the Activities Director that this took place. This should be done within 24 hours. The sooner the better to eliminate any questions that may come up later. (Good Samaritan Rule)

Regardless of the quantity, a student shall not use or possess a beverage containing alcohol, use or possess tobacco, or use, possess, buy or sell any substance defined by law as a drug or a look alike Drug. This would also include but not be limited to vape pens. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.

Any student suspended from an activity may not be eligible to begin or perform in an activity during that season without the consent of coaches or advisors.

Disciplinary Action - Group 1

First Violation	The student will be suspended from all club meetings and activities for four weeks.
Second Violation	The student will be suspended from all club meetings and activities for 9 weeks.
Third Violation	The student will be suspended from all club meetings and activities for one calendar year.

Students may not serve on court if they had an alcohol, tobacco, and other controlled substance violation during the current year. However, students who have participated on courts will not be stripped of their titles. Violations relating to alcohol, tobacco, and other controlled substances are cumulative from year to year. One violation shall be removed from the student's record if he/she does not commit a second violation for two or more years. Any student who voluntarily comes forward or who is found truthful during the investigation process may have their suspension reduce by up to 50%. This will be determined by the AD and or the administration. (First offense only)

Note: Parents will be notified of an infraction by letter and/or telephone by the advisor and/or the AD.

Disciplinary Action - Groups 2 and 3

First Violation	The student will be suspended from 30% of the season's scheduled contests/performances (with a minimum of one) in the activities he/she is in.
Second Violation	The student will be suspended for one calendar year. An appeal process will apply.
Third Violation	The student will be suspended for one calendar year. An appeal process will apply.

Violations relating to alcohol, tobacco, and other controlled substances are cumulative from year to year. One violation shall be removed from the student's record if he/she does not commit a second violation for two or more years. Any student who voluntarily comes forward or who is found truthful during the investigation process may have their suspension reduce by up to 50%. This will be determined by the AD and or the administration. (First offense only)

Note: Parents will be notified of an infraction by letter and/or telephone by the advisor and or the AD.

Enforcement of Co-Curricular Rules

1. Violations of the co-curricular code will be based on the following:

- A. Violations reported to the school by law enforcement officials.
- B. Violations reported by teaching or coaching staff members, advisors, parents, members of the

community, or other school officials must be presented to the principal, assistant principal, or advisor on in a written format including pictures if possible.

C. Self-admission.

2. Procedures for Processing Co-curricular Code Violations

A. Any alleged violation of this code will be investigated by the principal or his/her a designee. If the student admits the infraction, the principal or his/her a designee will notify the student's advisor and determine the consequences as specified in this code. The student and his/her parents will be notified of the consequences in writing. If there is insufficient evidence, the alleged violation will be dropped. If the student involved denies the allegations, the principal or his/her a designee will meet with the student, prior to enforcing any penalty, to provide the student with an opportunity to be heard and to discuss the allegations made.

B. If the parents/guardians are dissatisfied with the decision made by the investigating individual(s), they may appeal the decision to the co-curricular appeals committee. If they are not in agreement with the decision of the co-curricular appeals committee, they may appeal their decision to the district administrator. Any detentions or suspensions given by administration will be served by the student during an appeal process. An overruling of the decision of the co-curricular appeals committee by the district administrator will result in expunging the records and restoring the student to full status.

C. Membership will consist of three staff persons who supervise a co-curricular organization and are not currently supervising the student in a co-curricular activity and the principal or his/her designee. The student and his/her parents may not select the persons to serve on the appeals committee. Each case brought to appeal will involve a newly selected committee.

D. Regarding the procedures before the co-curricular appeals committee, the following steps will be followed:

- i. The principal or his/her a designee presents the facts and circumstances to the co-curricular appeals committee.
- ii. The student and his/her parents provide information they deem relevant to the committee.
- iii. There is then an opportunity for discussion (not cross-examination) among the co-curricular committee members, the administration, the student and his/her parents.
- iv. The student, his/her parents and the administration leave the room during the deliberations of the co-curricular appeals committee, and the co-curricular appeals committee deliberates and makes a decision. (The principal or his/her a designee would not have a vote on the appeal committee).
- v. The principal notifies the student and his/her parents in writing of the decision of the co-curricular appeals committee.
- vi. An appeal may be made to the district administrator in writing within five (5) days of the student and his/her parents receiving the written decision, through the principal or his/her a designee or directly to the district administrator.

E. If the student and his/her parents appeal the decision of the co-curricular appeals committee to the district administrator, the district administrator will have a conference within five (5) school days following receipt of the written appeal. The conference shall be with the school district administrator, or his or her designee, who shall be someone other than the principal or his/her a designee or a member of the co-curricular appeals.

Transportation

Transportation will be provided for all out of district activities. Students are expected to ride both to and from an activity on the school provided transportation. Students may ride back from an event with a parent /guardian only when the parent/guardian provides a written note to the advisor in person prior to the student leaving.

When events are all day and involving individual competitions throughout the day; for example, Solo and Ensemble, it may be appropriate for the parent/guardian to provide transportation both to and from the event. In this situation, the parent/guardian must submit a note to be pre-approved by the administration well in advance of the event. Exceptions will be handled by administration on a case by case basis if a student needs to ride with someone other than the parent or guardian. This must be done well in advance of the event.

Treatment of Athletic Injuries

Any athlete who is injured during an athletic practice or contest must report the injury to the coach and sports medicine personnel onsite at once. If there are no sports medicine personnel present, the coach will notify the sports medicine team of the injury. If the injury is serious enough to require additional medical assistance, the athlete must report the accident to the office as soon as the athlete is able to return to school and before returning to practice. If an injury be discovered after the athlete returns home, the coach and event personnel should be notified immediately. Minor first-aid treatments will be handled by the coach or the sports medicine personnel present. In the event of serious injury, the nearest emergency medical service will be obtained. **Students participating in any athletic activity must have the Athletic Insurance Waiver and Black River Memorial Hospital consent form at signed and returned prior to beginning any practice or competition. The form is part of this document.**

Heat of the Moment-“24 Hour Rule”

Please consider that coaches and advisers are trying to do what is in the best interest of their teams and programs. Issues such as who is playing and how much they are playing will be determined by the coaching staff. Other coaching decisions include game strategies and clock management can be” a tough pill to swallow” when you have passion for the game. Coaches also are hyped up after contests and can be most sensitive to criticism at that time. Please allow for at least 24 hours before discussing disagreements with coaches and advisers. A good first step is having your child discuss the matter with their coach/advisor. Coaches and advisers are trying to teach their participants how to be responsible adults. Allowing time for athletes and coaches to work through situations has proven to be the most productive for everyone in the long haul. If after this discussion your son/daughter feels they need your help to move forward, please go ahead and meet with the coach or advisor. Sometimes information or the interpretation of the information is not completely the same, so having your son or daughter at the meeting, can often times be enough to cause resolution. There are times where there is a “agree to disagree” moment and let’s move forward. But some issues still need further assistance resolving. At this point, if the AD is not already aware, they should be contacted so a meeting can be set up for a discussion. If the discussion is regarding philosophies, substitutions or playing time there really is no reason to meet as the AD will always side with the coaches/advisers as this is their area of expertise. If the AD can’t resolve the issue then someone from the High School Administration team will assist in trying to resolve the situation. If the HS admin team still cannot resolve the issue then our District Administrator will be notified and a meeting arranged. Coaches and Advisers are not perfect, they will make decisions that you don’t fully support or understand at times, but hopefully your child can have a great experience through the Tiger extra-curricular programs. Please help in finding ways to support our coaches and advisers to be the best they can be! With your help all of our programs will have a chance to be great!

STATEMENT OF COMPLIANCE WITH FEDERAL LAW

The Black River Falls Board of Education complies with all Federal laws and regulations prohibiting discrimination and with all requirements and regulations of the US Department of Education. The School District of Black River Falls shall have separate, but comparable, facilities available for males and females, including locker rooms, showers, and toilets. It is the policy of the Black River Falls Board of Education that “no person, may be denied benefits of or be discriminated against in any curricular, extracurricular, disciplinary policies, pupil services, recreational or other program or activity because of the person’s sex, religion, race, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability.” (WIS. SS 118.13) NOTE: This procedure is used only for violation of the above law.

GRIEVANCE PROCEDURES – PROGRAMS

If any person believes that the School District of Black River Falls or any part of the school organization has inadequately applied the principles and/or regulations of Title IV: Nondiscrimination on the basis of sex, or Section 504: Nondiscrimination on the basis of handicap, he/she may bring forward a complaint to the Board of Education Office at the following address: 301 N. Fourth, Black River Falls, WI 54615. Any student of this district who believes he/she has been discriminated against, denied a benefit, or excluded from participating in any district education program or activity, including methods, practices, and materials used for testing, evaluating, and counseling pupils and all school-sponsored food service programs, on the basis of sex, race, national origin, ancestry, creed, pregnancy, marital status or parental status, sexual orientation, or physical, mental, emotional or learning disability, may file a written complaint with the compliance officer according to policy 2010.

INFORMAL PROCEDURE

The person who believes he/she has a valid basis for complaint shall discuss the concern with the principal/assistant principal, who shall in turn investigate the complaint and reply to the complaint; he/she may initiate formal procedures according to the steps listed.

FORMAL DISCRIMINATION GRIEVANCE PROCEDURE

STEP 1: A written statement of the grievance shall be prepared by the complainant within five (5) business days after receipt of the written reply to the formal complaint. The principal/assistant principal shall further investigate the matters of grievance and reply in writing to the complainant within five (5) business days by mail.

STEP 2: If the complainant wishes to appeal the decision of the principal/assistant principal, he/she may submit a signed statement of appeal to the District Administrator within five (5) business days after receipt of the principal/assistant principal’s response to the grievance. The District Administrator shall meet with all parties involved, formulate a conclusion, and respond in writing to the grievance within ten (10) business days by mail.

STEP 3: If the complainant remains unsatisfied, he/she may appeal through a signed, written statement to the Board of Education within five (5) business days of his/her receipt of the District Administrator’s responses in Step 2. In an attempt to resolve the grievance, the Board of Education shall meet with the concerned parties and their representatives (within fifteen (15) days of the receipt of such an appeal.) A copy of the Board’s disposition of the appeal shall be sent by the Board Secretary to each concerned party within ten (10) days of this meeting by mail.

STEP 4: If, at this point, the grievance has not been satisfactorily settled, further appeal may be made to the State Superintendent of Public Instruction and/or the Office for Civil Rights, U.W. Department of Education, Chicago, IL 60605.

Concussion Information - When in Doubt, Sit Them Out!

1. Before a student may participate in practice or competition: At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.
2. An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury.
3. A person who has been removed from a youth athletic activity may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider.

These are some SIGNS concussion (what others can see in an injured athlete): Dazed or stunned appearance Change in the level of consciousness or awareness Confused about assignment Forgets plays Unsure of score, game, opponent Clumsy Answers more slowly than usual Shows behavior changes Loss of consciousness Asks repetitive questions or memory concerns	These are some of the more common SYMPTOMS of concussion (what an injured athlete feels): Headache Nausea Dizzy or unsteady Sensitive to light or noise Feeling mentally foggy Problems with concentration and memory Confused Slow
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Injured athletes can exhibit many or just a few of the signs and/or symptoms of concussion. However, if a player exhibits any signs or symptoms of concussion, the responsibility is simple: remove them from participation. “When in doubt sit them out.”

It is important to notify a parent or guardian when an athlete is thought to have a concussion. Any athlete with a concussion must be seen by an appropriate health care provider before returning to practice (including weight lifting) or competition.

RETURN TO PLAY

Current recommendations are for a stepwise return to play program. In order to resume activity, the athlete must be symptom free and off any pain control or headache medications. The athlete should be carrying a full academic load without any significant accommodations. Finally, the athlete must have clearance from an appropriate health care provider.

The program described below is a guideline for returning concussed athletes when they are symptom free. Athletes with multiple concussions and athletes with prolonged symptoms often require a very different return to activity program and should be managed by a physician that has experience in treating concussion.

The following program allows for one step per 24 hours. The program allows for a gradual increase in heart rate/physical exertion, coordination, and then allows contact. If symptoms return, the athlete should stop activity and notify their healthcare provider before progressing to the next level.

STEP ONE: About 15 minutes of light exercise: stationary biking or jogging

STEP TWO: More strenuous running and sprinting in the gym or field without equipment

STEP THREE: Begin non-contact drills in full uniform. May also resume weight lifting

STEP FOUR: Full practice with contact

STEP FIVE: Full game clearance

118.293 Concussion and head injury.

(1) In this section:

(a) "Credential" means a license or certificate of certification issued by this state.

(b) "Health care provider" means a person to whom all of the following apply:

1. He or she holds a credential that authorizes the person to provide health care.

2. He or she is trained and has experience in evaluating and managing pediatric concussions and head injuries.

3. He or she is practicing within the scope of his or her credential.

(c) "Youth athletic activity" means an organized athletic activity in which the participants, a majority of whom are under 19 years of age, are engaged in an athletic game or competition against another team, club, or entity, or in practice or preparation for an organized athletic game or competition against another team, club, or entity. "Youth athletic activity" does not include a college or university activity or an activity that is incidental to a nonathletic program.

(2) In consultation with the Wisconsin Interscholastic Athletic Association, the department shall develop guidelines and other information for the purpose of educating athletic coaches and pupil athletes and their parents or guardians about the nature and risk of concussion and head injury in youth athletic activities.

(3) At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.

(4) (a) An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury.

(b) A person who has been removed from a youth athletic activity under par. (a) may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider.

(5) (a) Any athletic coach, official involved in an athletic activity, or volunteer who fails to remove a person from a youth athletic activity under sub. (4) (a) is immune from civil liability for any injury resulting from that omission unless it constitutes gross negligence or willful or wanton misconduct.

(b) Any volunteer who authorizes a person to participate in a youth athletic activity under sub. (4) (b) is immune from civil liability for any injury resulting from that act unless the act constitutes gross negligence or willful or wanton misconduct.

(6) This section does not create any liability for, or a cause of action against, any person.

Black River Falls High School

Statement Acknowledging Receipt of Education and Responsibility to report signs or symptoms of concussion to be included as part of the “Participant and Parental Disclosure and Consent Document”.

I, _____, of Black River Falls School District High School
Athletes Name (Printed)

I hereby acknowledge having received education about the signs, symptoms, and risks of sport related concussion. I also acknowledge my responsibility to report to my coaches, parent(s)/guardian(s) any signs or symptoms of a concussion. I certify that I have read, understand, and agree to abide by all of the information contained in this sheet. I further certify that if I have not understood any information contained in this document, I have sought and received an explanation of the information prior to signing this statement.

Athlete’s Signature Date

I, the parent/guardian of the student athlete named above, hereby acknowledge having received education about the signs, symptoms, and risks of sport related concussion. . I certify that I have read, understand, and agree to abide by all of the information contained in this sheet. I further certify that if I have not understood any information contained in this document, I have sought and received an explanation of the information prior to signing this statement.

Signature and printed name of parent/guardian Date

List All Activities _____ *Grade* _____

Consent for ImPACT Baseline and Post-Injury Cognitive Testing

I give my permission for (name of child) _____,

born (date of birth) _____, to have a baseline ImPACT® (Immediate Post-Concussion Assessment and

Cognitive Testing) test administered at Black River Falls School District, through Black River Memorial Hospital and Krohn Clinic. I understand that my child may need to be tested more than once, depending upon the results of the test. I understand there is no charge for the testing.

If my child sustains a concussion, I give permission for my child to take one or more post-injury ImPACT® tests. I understand that Sports Medicine personnel through Black River Memorial Hospital and the Krohn Clinic will have access to my child’s ImPACT test results, for use in making safe return-to-activity decisions for my child.

Signature of parent/guardian _____

Name of parent/guardian _____ Date _____

Black River Memorial Hospital Consent for Treatment

I understand that the Black River Memorial Hospital is currently providing support to the School District of Black River Falls by providing medical services with Physical Therapists and Athletic Trainers. By signing this I hereby give my consent for my son/daughter to receive medical consultation and/or emergency management as deemed necessary by the qualified sports medicine team member(s) during their participation in Black River Falls School District Activities.

Parent/Guardian's Initials

Date

Athletic Insurance Waiver

I, _____ (Printed Parent/Guardian's Name) have sufficient accident insurance and am willing to take full financial responsibility for any and all injuries sustained by my child while participating in any activities under the direction of the Black River Falls School District. I realize that the necessary physical examination card must be filed in the high school office prior to attending any practice or contest.

Parent/Guardian's Initials

Date

PARENT-ATHLETE RULES OF ELIGIBILITY SIGN-OFF FORM

I certify that I have read, understand, and agree to abide by all of the information contained in the bulletin as it pertains to athletic eligibility. I further certify that if I have not understood any information contained in this document, I have sought and received an explanation of the information prior to signing this statement

Parent/Guardian's Initials

Date

PARTICIPANT'S PLEDGE

I promise, on my honor, to obey all school rules and regulations, to take proper care of any equipment issued to me and to return it when called to do so, to keep up in my school work, to be loyal to the organization, and to conduct myself at all times in an accredited manner, conforming to the ideals and principles of the Black River Falls School District and the Wisconsin Interscholastic Athletic Association (WIAA), if that applies to my activity.

(Athlete's Printed Name and Signature)

(Date)

(List of Co-Curricular activities)

Have you ever violated co-curricular rules regarding alcohol, tobacco or drugs or been out of school suspended?
____yes ____no if yes, please explain...

Parent/Guardian: I have read and understand the Black River Falls School District Co-Curricular Handbook.

Printed Name

Date

Parent/Guardian's Signature

■ PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION – ATHLETIC PERMIT CARD

(Print or Type)

ALL STUDENTS PARTICIPATING IN INTERSCHOLASTIC ATHLETICS MUST HAVE THIS CARD ON FILE AT THEIR SCHOOL PRIOR TO PRACTICE OR PARTICIPATION

Physical examination taken April 1 and thereafter is valid for the following two school years; physical examination taken before April 1 is valid only for the remainder of that school year and the following school year.

NAME (Last) _____ (First) _____ (Middle Initial) _____ Date of Birth _____

Age _____ Sex _____ Grade _____ School _____ City _____

Present Address _____ Telephone _____

Cleared without restriction Cleared, with the following qualifications: _____

Not cleared Pending further evaluation For all sports For certain sports: _____

Reason: _____

Recommendations: _____

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, a physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

Name of Physician (Print/Type) _____

SIGNATURE OF LICENSED PHYSICIAN (MD OR DO)/PA/APNP*: _____

Clinic Name _____

Address/Clinic _____ City _____ State _____ Zip Code _____

Telephone _____ Date of Examination _____

* Physicians may authorize Nurse Practitioners to stamp this card with the physician's signature or the name of the clinic with which the physician is affiliated.

Parents' Place of Employment _____

Family Physician _____ Family Dentist _____

Name of Private Insurance Carrier _____ Telephone _____

Subscriber Member Name (Primary Insured) _____

Emergency Information

Allergies _____

Other Information (medication, etc.) _____

Immunizations Up to date (see attached documentation) Not up to date - specify _____

(e.g., tetanus/diphtheria; measles, mumps, rubella; hepatitis A, B; influenza; poliomyelitis; pneumococcal; meningococcal; varicella)

1. I hereby give my permission for the above named student to practice and compete and represent the school in WIAA approved interscholastic sports except those restricted on this card.
2. Pursuant to the requirements of the Health Insurance Portability and Accountability Act of 1996 and the regulations promulgated thereunder (collectively known as "HIPAA"), I authorize health care providers of the student named above, including emergency medical personnel and other similarly trained professionals that may be attending an interscholastic event or practice, to disclose/exchange essential medical information regarding the injury and treatment of this student to appropriate school district personnel such as but not limited to: Principal, Athletic Director, Athletic Trainer, Team Physician, Team Coach, Administrative Assistant to the Athletic Director and/or other professional health care providers, for purposes of treatment, emergency care and injury record-keeping.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION ALTERNATE YEAR ATHLETIC PERMIT CARD

Physical Date _____ SCHOOL YEAR 20____ - 20_____

NAME _____ GRADE _____ DATE OF BIRTH _____
Last First Middle Initial

Present Address _____ Telephone _____

Parents' Place of Employment _____

Family Physician _____ Family Dentist _____

Name of Private Insurance Carrier _____ Telephone _____

Subscriber Member Name (Primary Insured) _____

1. I hereby give my permission for the above named student to practice and compete and represent the school in WIAA approved sports.
 2. I also attest to the fact that the above named student has had no injury or illness serious enough to warrant a medical evaluation prior to participating this school year
 3. Pursuant to the requirements of the Health Insurance Portability and Accountability Act of 1996 and the regulations promulgated thereunder (collectively known as "HIPAA"), I authorize health care providers of the student named above, including emergency medical personnel and other similarly trained professionals that may be attending an interscholastic event or practice, to disclose/exchange essential medical information regarding the injury and treatment of this student to appropriate school district personnel such as but not limited to: Principal, Athletic Director, Athletic Trainer, Team Physician, Team Coach, Administrative Assistant to the Athletic Director and/or other professional health care providers, for purposes of treatment, emergency care and injury record-keeping.
 4. It is recommended that information regarding your child's allergies and prescribed medication be made available.
- PARENT: If there is any question that this student may not be qualified for athletic competition without, at least, a partial re-evaluation, contact your medical advisor before signing card.

SIGNATURE OF PARENT _____ DATE _____

ALL STUDENTS PARTICIPATING IN INTERSCHOLASTIC ATHLETICS MUST HAVE THIS ALTERNATE YEAR CARD ON FILE AT THEIR SCHOOL PRIOR TO PRACTICE OR PARTICIPATION



Dear Parent or Guardian,

Healthy Roster is a secure injury tracking and communication system. The athletic trainer at your school or organization, uses the Healthy Roster website and mobile application to document injuries and communicate with parents, coaches and administrators in a secure manner. This communication may include text updates, status updates and live video chat to assess, treat, track or discuss any conditions or injuries that impact your child’s ability participate in an athletic activity.

The information in Healthy Roster may include your child’s name, graduation year and your email address, address and phone number. Healthy Roster will NOT disclose any of your child’s personal information outside of Healthy Roster, its service providers, affiliates, vendors and business partners except in accordance with Healthy Roster’s Privacy Policy, a copy of which is located here:

<https://dashboard.healthyroster.com/Home/PrivacyPolicy>

As a parent of a student athlete, you will have the ability to create a free account with Healthy Roster and have access to all injury information. Your default account setting will allow your athletic trainer, coach and administrators to view information about you or your child. You may limit this access by changing your account settings, but you may lose some functionality of the Healthy Roster services.

Please sign this consent form and return to your Athletic Director, Athletic Trainer or organization administrator. Your signature confirms your acknowledging the use of Healthy Roster for your student athlete.

Child Name

Parent or Guardian Name

Parent or Guardian Signature

Healthy Roster, Inc., 20 North St., Dublin, Ohio 43017 | www.healthyroster.com | help@healthyroster.com